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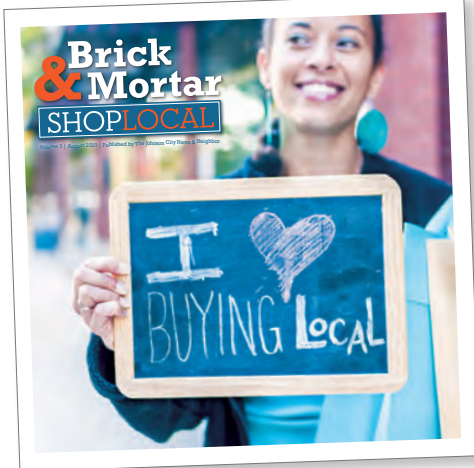
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THE JOHNSON CITY

NEWS & NEIGHBOR

VOL. 23 | ISSUE 22 | AUGUST 26 - SEPTEMBER 1, 2020 | OFFICE: 423-979-1300 | CIRCULATION: 423-282-0051 | EMAIL: NEWS@JCNEWSANDNEIGHBOR.COM | VETERAN OWNED

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2020 Brick & Mortar Shop Local special section inside this edition

Local businesses in our community with actual Brick & Mortar locations are a tradition and form the foundation of our local commerce and industry.

Businesses with a local footprint generate the tax dollars to run our communities, school systems and government infrastructures. Buying goods and services locally supports each and every citizen with income spent locally.

Today's "Brick & Mortar Shop Local" special section highlights many of our local businesses who share their stories and present their goods and services. Be sure to keep your copy for reference throughout the year and read each story. They are interesting and full of great information.

More importantly, shop local.



Off and Running

A lot of hard work put in by a lot of dedicated people cleared the way for fall sports to kick off at high schools around our region last week.

We are pleased to continue our partnership with *TriCitiesSports.com* this season to bring you photos of our local high school athletes in action. Please see Page 7 for coverage of the opening week of the 2020 season.



Milligan, ETSU welcome students back to campus



Milligan University President Bill Greer (left) welcomes students to campus during the school's Welcome Week activities last weekend.



Students and their families arrived on the campus of ETSU last Friday wearing masks and abiding by social distancing recommendations during move-in day.

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← Now & Again | Photos from the week of Aug. 26-31



In late August of 2015, United Way leaders, board members and representatives from different pacesetter companies met at Johnson City's Rotary Park for a fundraising kickoff. Due to COVID-19, the United Way of East TN Highlands will kickoff its 2020 fundraising campaign virtually on Aug. 27.



Back in the days before social distancing, Science Hill students crowded into the student section at Kermit Tipton Stadium in August of 2012 to cheer the Hilltoppers to a victory over Greeneville. PHOTO COURTESY OF BART NAVE PHOTOGRAPHY



In August of 2014, local leaders met with representatives from the U.S. Title Boat Racing Series to plan the Quake on the Lake boat race, one of the last big events on the lake before the discovery of a sinkhole near Boone Dam in October of 2014.

Coalition for Kids announces Reverse Raffle event



Coalition for Kids will be holding a \$10,000 Reverse Raffle with a drawing set for Oct. 1. Proceeds will go toward serving the children of Washington County.

Coalition For Kids (C4K) is hosting a \$10,000 Reverse Raffle, presented by Citi, with the drawing being held on Oct. 1, 2020 with live Facebook streaming.

Proceeds from this fundraiser will assist CFK in keeping services free to children and families in Washington County/Johnson City. C4K will continue to provide trauma-informed care to our children by not only mitigating the impact of remote learning on our vulnerable student population, but also mitigating the broader strain of the pandemic on our kids, our families, and our schools.

C4K will shift learning environments back and forth between virtual and in-person, as needed. On Aug. 10, C4K opened four weeks early for children to participate in virtual learning with their teachers so that parents were able to work while the health and well-being of their children was being supported. As the schools

shift back to in-person learning, C4K too will shift to an after-school program and continue to communicate with teachers, assist each child with their homework assignments, while mentoring and providing hot meals & snacks for each of these children.

Your support helps C4K provide programming, at no cost, to the children and families in the community. Raffle tickets are \$100 each and can be purchased online at www.coalitionforkids.org or by mail to 2423 Susannah Street, Johnson City, TN 37601.

Coalition For Kids is a 501(c)3 nonprofit organization with a mission of helping children grow in wisdom and stature and in favor of God and man. We aim to ensure the children of our community not only have appropriate supervision after school and into the evening hours, but access to trained tutors & mentors. For more information on C4K visit www.coalitionforkids.org.

If you would like additional information, please contact Lisa Pawley, Director of Development, at 423-434-2031 ext. 835.

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Ask the Vet

Rachael Carpenter, DVM

Leptospirosis - why vaccination is important

Many people wonder if their pet should be vaccinated for Leptospirosis. Last time, we discussed that Lepto is contracted by being exposed to wildlife urine. Common vectors of the disease are rodents, raccoons, skunks, squirrels, opossum and deer. So, even if your dog never leaves your backyard, if any of these animals wander through your yard, there is a risk of infection to your pet. Most dogs in our area are at risk for Lepto infection, but this disease can be prevented. The vaccine for Leptospirosis is available alone or combined with the Distemper/Parvo combo vaccine. Initially the vaccine is given, followed by a booster 3 weeks later. After that booster, the vaccine needs to be given every year in order to keep your pet protected. For more information about Lepto or to start protecting your pet today, please schedule an appointment with one of our veterinarians.



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Milligan mourns the death of legendary coach Duard Walker

Milligan University mourns the death of legendary coach, administrator and professor Duard Walker, who served at Milligan for 50 years from 1951-2001. Walker passed away early on the morning of Aug. 18 at age 95 in Johnson City. "No one has epitomized more fully the heart of Buff Nation than Coach Duard Walker," said President Dr. Bill Greer. "He was a man of unshakable character whose competitive spirit and love for Milligan was rivaled only by his commitment to God, country and family. His impact on Milligan is incalculable and he will be missed."

Raised in Piney Flats, Tennessee, Walker transferred from East Tennessee State University to Milligan College in 1942. At Milligan, he was assigned to the Navy V-12

Officer Training program. Walker served three years in the U.S. Navy during World War II and fought in the battles at Iwo Jima and Okinawa. Upon completing his service, he returned to Milligan in 1946 to complete his college education. Walker was an avid student-athlete on campus, receiving 12 varsity letters in five sports and earning the Milligan's Scholar Athlete Trophy. Walker still holds the school record for the most varsity letters earned by a student-athlete.

Walker also met his wife, Carolyn Roberts, at Milligan, and they married in 1947. Upon graduation in 1948, Walker completed his master's degree at Columbia University and coached two seasons at Farragut High School. He returned to Milligan in 1951 to teach and

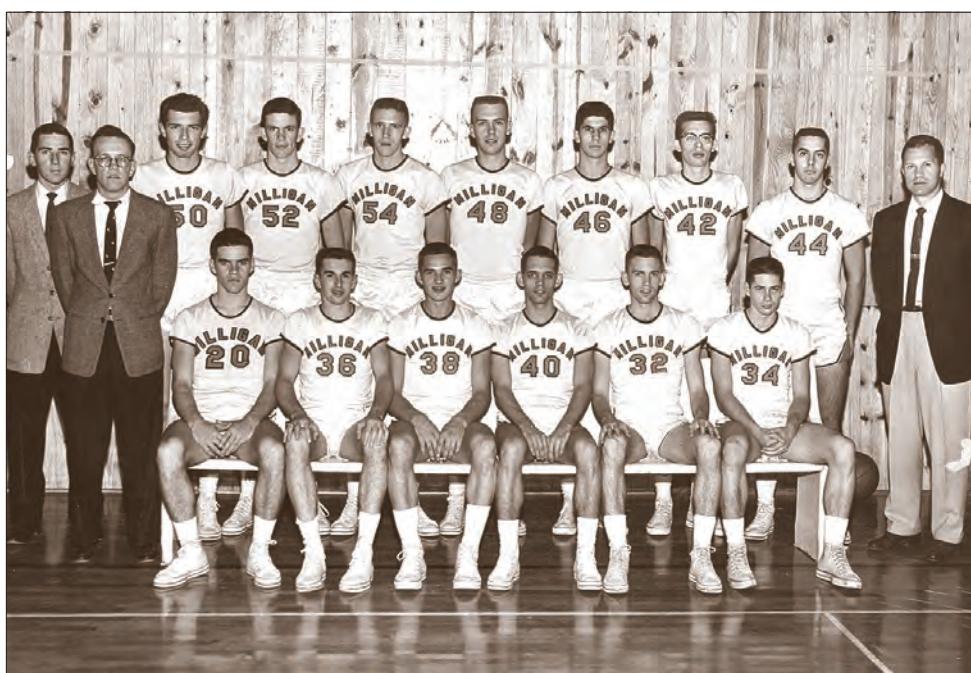
coach, marking the start of his 50 years of service. During his career, Walker taught health and physical education; served as the head dorm resident for Pardee Hall and Webb Hall; held the role of dean of men; coached basketball, baseball, tennis, cross country, and track and field; served as athletic director; and held the role of academic marshal. Additionally, he and Carolyn raised their five children on Milligan's campus.

Walker received numerous awards and recognitions over his career. In 1986, Walker was awarded Milligan's highest honor, the Fide et Amore, for his distinguished service to the college. In addition, he was an inaugural member of Milligan's Hall of Fame and was named the 2001 NAIA National Athletic Director. Walker was inducted into the Tennessee Sports Hall of Fame in 2016, the NAIA Hall of Fame in 2008, the Carter County Hall of Fame and the Northeast Tennessee Hall of Fame. In 2000, the Appalachian Athletic Conference introduced the Duard Walker All-Sports Trophy which recognizes the conference institution with the most successful all-around sports program each year.

"When I think of Coach Walker, two things come to my mind," said Mark Fox, vice president for student development and athletics. "First, I think of his sense of humor. He had a very



Duard Walker, pictured earlier this summer on Milligan's campus, passed away last week at the age of 95.



Walker (far right) served at Milligan for 50 years prior to his retirement in 2001. Walker coached a multitude of athletic teams over the years, including men's basketball.

dry wit, and he always saw the humor and joy in any situation. Second, Coach always appreciated people for who they were rather than being disappointed in what they were not. I believe that those things are what made Coach so popular with everyone he met."

Walker's legacy

continues to guide Milligan's athletics department and impact student-athletes and the entire Milligan community. Upon entering the Steve Lacy Fieldhouse, Walker's coaching philosophy, "win with dignity, lose with grace," is etched into the hallway and immediately

captures one's attention. Walker is survived by his wife of 73 years, five children and their families. Each of his children, Cindy (Walker '72) Gober, Teresa (Walker '74) Knox, Duard "Buff" Walker ('79), Gary Walker ('81) and Tracy Walker '87, graduated from Milligan.



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Bandana



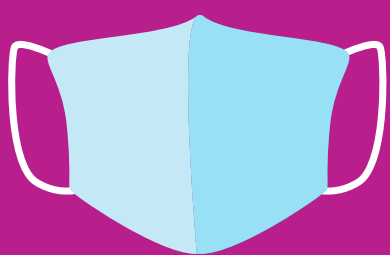
Neck gaiter



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Why I #MaskUp...



Steve Smith
President/CEO
Food City



Being a business leader in the Appalachian Highlands is an enormous privilege — and it comes with an equally enormous responsibility. We've always been very proud to help keep our communities healthy with high-value, top-quality products, and now, we're helping keep you healthy by Masking Up to stop the spread of COVID-19.

Food City stores were among the first in our region to require everyone, including our customers, to wear masks. It wasn't always popular, but it was undoubtedly the right thing to do. That's what being a good community partner and neighbor is all about.

It's clear, that if we are going to help slow the spread of COVID-19, we all have to do our part. The team at Food City is proud to be part of the solution, and we'll continue doing everything we can to help fight this virus.

Please join me, and Mask Up!



#SafeWithUs 
Visit balladhealth.org to learn more.



Girl Scouts, Rotary Club team up to donate cookies to veterans

The Girl Scouts of Southern Appalachians matched donations made by members of the Rotary Club of Johnson City, which allowed every single inpatient veteran at the Mountain Home VA to receive one box of Girl Scout Cookies.

Judie Camak of the Rotary Club and Haowei Tong of the Girls Scouts recently presented the cookies to representatives from the VA.

"I've been connected with Girl Scouts all my life, and as a Girl Scout and member of DAR, I've gotten the inspiration to help the veterans," Camak said.

While COVID-19 has halted many in-person

activities, the Girl Scouts are finding ways to remain active. Some troops are meeting virtually while others are meeting outdoors while adhering to social distancing recommendations. In addition to donating cookies to the VA, local Girl Scouts have also donated cookies to several local non-profits and schools.



Judie Camak of the Rotary Club (left) and Haowei Tong (right) of the local Girl Scouts recently joined forces to donate a box of Girl Scout Cookies to every inpatient at the Mountain Home VA.

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Johnson City non-profit facilitates distance learning in Liberia

Bear Another's Burdens Ministry of Christ (BABMOC) is a Johnson City-based 501(c)3, non-profit, providing fees-free education to over 140 children in Liberia. Conventional school activities were suspended in March due to the corona virus. Isaac Mayon, the

school director, and his team at the BABMOC School in the Kpelle Town Community, Monrovia, Liberia, West Africa, immediately began adopting a home learning policy for its K-5 students. Since most families in Liberia do not have reliable electricity, let alone Internet, the Liberian Ministry of Education broadcasted lessons over the radio. At the same time, the BABMOC teachers prepared worksheets and tests for the students to keep them engaged. Parents came to the school and, using proper social distancing, hand washing, and wearing masks, picked up and returned the

student's assignments. In some cases, parents could not come to the school, so teachers rented a bicycle to deliver the homework. In August, the teachers finished marking the papers and a capping test was given to the children. This was to verify that the students did the home assignments themselves. In all, of the 143 students on active rolls, 133 (93 percent) fully participated in the home learning program. Isaac deemed it a resounding success.

As of mid-August, Liberia had a total of 1,250 cases of COVID-19 and 81 deaths. According to the last directive by the Liberian Government, the schools are set to reopen in September. The BABMOC school plans to welcome its first sixth-grade class, which makes it a full-fledged elementary school. These students are among the poorest of the world's



A school built in West Africa by a Johnson City non-profit has gone to great lengths to continue educating students in the midst of the COVID-19 outbreak.

poor in a country that was torn apart by more than a decade of civil war. Most of our students come from families that cannot afford education at the government or other fee-based schools. If not for the BABMOC School, many of them would be selling

goods on the streets to raise money for their families instead of in the classroom. For more information or to support to support BABMOC, visit: www.babmoc.org. The group's mailing address is: BABMOC, P.O. Box 3702, Johnson City, TN 37602.

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Mary Duke Cooks! Sassy Southern

This delicious blueberry pie recipe is complements of one of my life long friends Dorothy Wilkes Bedor. Friends since

Mary Duke McCartt
Guest Columnist

Online at marydukecooks.com



elementary school, we have been through everything together. Dorothy is a rare treasure. She will stick with you no matter what. If you have a friend like her count yourself blessed!

Here is the secret to her famous blueberry pie. She doubles the amount of fruit most recipes call for producing intense blueberry flavor. This also keeps the pie moist for several days.

Dorothy's Blueberry Pie

- Pie pastry for bottom and top crust
- 8 cups blueberries
- 1/2 cup sugar
- 1/4 cup plus 1 tablespoon of cornstarch
- 2 tablespoons freshly squeezed lemon juice
- 1 teaspoon lemon zest
- 1/2 teaspoon cinnamon
- 1 tablespoon of cold butter, cut into small pieces
- Egg and cream wash: 1 large egg yolk beaten with 1 tablespoon heavy cream

Preheat oven to 400F. Wash blueberries and pick out stems. Drain in a colander and let air dry 15 minutes. Mix sugar, cornstarch, lemon zest, and cinnamon in a large

bowl. Pour in blueberries. Sprinkle lemon juice over blueberries. Gently stir blueberries and sugar mixture together, trying not to break any of the berries. Stir briefly, just until all blueberries are covered in the sugar mixture.

Pour blueberries in bottom pie shell. Spread evenly. Scrape any remaining juice from bowl with a rubber spatula. Sprinkle cut butter over filling. Place top piece of pastry over blueberries and crimp edges.

Brush top crust with egg and cream wash. Cut several slits in top crust to allow steam to escape.

Place pie on a cookie sheet lined with parchment paper. Bake pie 50 minutes or until crust is brown and filling is bubbling all over. Remove from oven, cool, and enjoy! Makes one 9-inch pie. Happy Baking!



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Science Hill coach Stacy Carter leads the Hilltoppers out onto the field for a season-opening contest against a socially distanced crowd last Friday night. PHOTOS COURTESY OF DAKOTA HAMILTON, DOCO PHOTOGRAPHY



Science Hill running back Cade Fleeman looks for room to roam against Elizabethton's defense.



The Science Hill defense converges on an Elizabethton ball carrier.

S.H. Volleyball off to fast start



Science Hill senior Sarah Whynot boosts the ball over the net during a season-opening victory over Sullivan Central. PHOTOS COURTESY OF DAWN LAMBERT, DAWN LAMBERT PHOTOGRAPHY



Science Hill senior Loren Grindstaff goes high for the spike against Central.



Freshman Autumn Holmes goes up for the block. The Lady Hilltoppers finished their first week of play 6-1.

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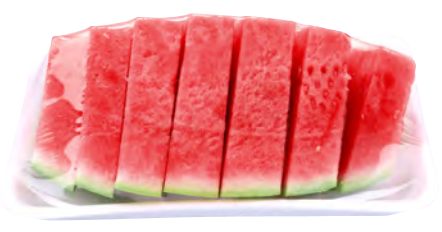
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Harvest Club
Idaho Potatoes
10 Lb.

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Watermelon Quarters
Per Lb.

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Strawberry Pie
Each

3⁹⁹
With Card



Grade A, White
Food Club Large Eggs
18 Ct.

1⁴⁹
With Card



Selected Varieties
Pepsi Products
6 Pk., 16-16.9 Oz. Btls.

1⁹⁹
With Card

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28 Oz. Btl.

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Selected Varieties
Folgers Coffee
24.2-30.5 Oz.

5⁹⁹
With Card



Selected Varieties
Mayfield Novelties
6 Pk.

1⁶⁹
With Card



Selected Varieties, Cheese Snacks or
Moore's Potato Chips
7.75-9.5 Oz.

1⁴⁹
With Card



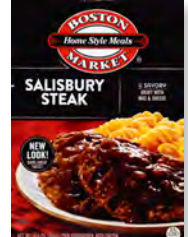
Selected Varieties, Heluva Good! Dip or
Daisy Sour Cream
12-16 Oz.

3/\$5
With Card



In Water, Food Club
Chunk White Chicken
12.5 Oz.

3/\$5
With Card



Selected Varieties
Boston Market Meals
13.2-16 Oz.

6/\$10
With Card



Whole in Bag
Boston Butt Pork Roast
Per Lb.

1²⁹
With Card



Stack Pack
Smithfield Bacon
40 Oz.

9⁹⁹
With Card



Dietz & Watson, American Cheese or
Maple Honey Ham
Per Lb.

5⁹⁹
With Card



Selected Varieties
Sara Lee Artesano Bread
20 Oz.

1⁹⁹
With Card



Selected Varieties, Kern's Honey Buns (6 Ct.) or
Double Decker Moon Pies
8 Ct.

2⁹⁹
With Card



Selected Varieties, Kellogg's Nutri Grain Bars, Special K Bars or Pastry Crisps or
Rice Krispies Treats
5.28-10.4 Oz.

1⁹⁹
With Card



Selected Varieties
Snapple
6 Pk.

2⁹⁹
With Card



Selected Varieties, Silk Milks or
Dannon Greek Yogurt
64 Oz. or 4 Pk.

2/\$5
With Card



Selected Varieties, Crav'n Flavor
Appetizers or Pizza Bites
14.5-16.9 Oz. or 40 Ct.

1⁸⁸
With Card



Selected Varieties Trail Mix, Peanuts or
Terry's Pork Skins
4.5-10 Oz.

3/\$5
With Card



Frozen, Selected Varieties
Pillsbury Grands! Biscuits
37.4-41.6 Oz.

2/\$5
With Card



Kellogg's Pop-tarts (12 Ct.), Bites or Crisps (5.9-7 Oz.) or
Malt O Meal Cereal
Selected Varieties, 22-30 Oz.

2/\$5
With Card



Gain Fabric Softener (120 Ct. or 50-51 Oz.), Flings (16 Ct.), Scent Booster (6-13.2 Oz.) or
Gain Laundry Detergent
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3⁹⁹
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