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FRESH START

Tim Hicks

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THE JOHNSON CITY

NEWS & NEIGHBOR

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Welcome Back

Jonesborough businesses host 4th of July block party

This past week was supposed to mark the 50th anniversary of the annual Jonesborough Days Festival in Historic Jonesborough.

However, COVID-19 delayed that milestone until next year. So the Town of Jonesborough observed Independence Day this year by shutting down Main Street and hosting a block party.

With social distancing measures in place, the festivities were obviously scaled down from the town's usual observance, which traditionally includes a patriotic parade, live music and a grand fireworks display. This year, the focus was on the vendors along Main Street whose businesses have suffered a great deal as a result of the COVID-19 pandemic.

Business owners were able to use the space in front of their stores to offer sidewalk sales, and restaurants were able to add outdoor seating to safely accommodate guests. Many businesses set up tents on the sidewalk to better reach out to those walking by.

Activities were planned to entertain folks of all ages as the message was delivered that Jonesborough is open for business, albeit with proper safeguards in place.



Jonesborough's Main Street was the place to be last Saturday during a Block Party to observe Independence Day.



A stilt-walker entertains folks along Jonesborough's Historic Main Street.



The event gave local business owners the opportunity to welcome the public back to their businesses.



Children were encouraged to create chalk art along Main Street.

Candidates vying for First District Congressional seat weigh in on issues

Editor's Note: The Johnson City News & Neighbor sent the same 10 questions to six local candidates seeking election as the representative of Tennessee's 1st Congressional District in the U.S. House of Representatives: Former Kingsport Mayor John Clark, Tennessee State Senator Rusty Crowe, former Johnson City Mayor Steve Darden, pharmacist Diana Harshbarger, Tennessee State Representatives David Hawk and Timothy Hill. Five responded with answers starting here and on pages six and seven.

1. What are your primary motivations for seeking election as the U.S. Representative for Tennessee's 1st District?

John Clark: I want to fight alongside President Trump to rebuild our economy and stand against the liberal socialist Democrats in Washington who are trying to take away our freedoms. My parents fled Communist Cuba to legally immigrate to America and I don't want the kinds of socialist policies that have ruined Cuba to destroy America. I want to fight to keep the country we love for future generations.

Rusty Crowe: I have worked with four farm bureau presidents, from Joe Hawkins to Jeff Aiken and five governors from Ned McWherter to Bill Lee, and with colleagues on the floor of the Tennessee senate to put

Tennessee on top. We are the envy of the nation. I will take those values and principles I have used to make Tennessee great to Washington DC. DC needs a good dose of Tennessee. Like Congressman Phil Roe, I have chaired the Joint Select Committee on veterans affairs for many years and currently serve on the Governor's commission on armed forces, veterans and their families. Like Senator Lamar Alexander, I chair the Tennessee Health and Welfare Committee at the state level. The institutional knowledge and experience I have gained and the back and forth with Washington DC, leading those efforts, will hopefully allow me to take the ball from Congressman Roe and quickly run with it.

Steve Darden: I seek to be our Congressman for a simple reason — to make lives better for the people who live in the 12 counties within the 1st Congressional District of Tennessee. If we are going to become more regionally united for economic development and job creation, we need an Ambassador like me with my skill set to tell the rest of the state, nation and world what we already know: Our District has incredible outdoors, fascinating history, great people and fewer problems than most areas in our country. Our Congressman is an important component of our economic future; the question is whether we will turn to a typical bland career politician, or someone with zero experience, or to me — a

candidate who combines small business ownership and ten years of success as a locally elected official?

David Hawk: My primary motive to seek election as our next U.S. Representative is to continue and extend the reach of the good works that I have been able to accomplish as a Tennessee State Representative, by helping even more residents in Tennessee's 1st Congressional District.

Timothy Hill: I am running because I believe we need a fighter for our region's conservative values including upholding the right to life and our second amendment rights, supporting President Trump's efforts to continue to grow our economy, and working for people to cut through the red tape of the federal bureaucracy.

2. How have your prior experiences prepared you for the demands of this office?

Clark: As a local elected official in Kingsport and in the private sector, I helped to create jobs. Nothing is more important right now than getting our economy back on track. My experiences working with a wide range of constituents, from small businesses, to other elected officials, to our neighboring cities has prepared me well for the job.

SEE CANDIDATES, 6

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EASTMAN CREDIT UNION

Dawn of Hope hosts Independence Day celebration



The Dawn of Hope held an Independence Day celebration last Thursday for people who receive services from the organization. PHOTOS BY DAVE ONGIE



Attendees were greeted as they arrived at the Independence Day celebration at the Dawn of Hope.



Attendees were able to play a variety of games before picking out prizes.



Face painting was a popular attraction at the event.

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Young poets recognized for literary work by Monday Club

The Johnson City Monday Club Auxiliary recently announced the winners of the Youth Poetry Contest in the Washington County Schools. This contest is a national event sponsored by the General Federation of Women's Clubs (GFWC). Vivian Ross, a second-grade student at Jonesborough Elementary, won first place on the local level,

District I Level, and State Level. The following students won on the Local Level:
Category 1 (Second grade, Jonesborough Elementary, Mrs. Dempsey's class)
 1st Place- Vivian Ross
 2nd Place - Payton Nickles
 3rd Place - Olivia Barnett
 Honorable Mention - Kiley Crowder
 Honorable Mention - Evan Jackson

Category 4 (Daniel Boone High School, Mrs. Orchard's class)
 1st Place - Emily Lane
 2nd Place - Marcie Cornwell
 3rd Place - Jaedyn Johnson
 Honorable Mention - Jennie Hickman
 Honorable Mention - Sierra Tester

DARDEN

U.S. Congress 2020

T E N N E S S E E

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Steve and Anne Darden and family ask that you vote for Steve for U.S. Congress in the Republican Primary.

Steve Darden is the best choice to succeed Phil Roe as your Congressman. He will make a difference in Washington and will bring positive results to our city, county and region and the 1st District overall. Three career politicians in the race have been taking up space in Nashville for a combined 54 years. Recycling the same ol' politicians is NOT the answer!

Steve Darden, a small business owner, attorney and mediator and former Johnson City Mayor, has been a difference maker:

- Helped end downtown Johnson City flooding for revitalization
- Helped create numerous new jobs through economic development efforts
- Launched the Tweetsie Trail, Founder's Park and other enhancements
- As a City Commissioner and Mayor Steve increased funding to public schools by 45% equaling \$2,535,000
- Worked directly with Phil Roe for six years as a City Commissioner

VOTE FOR A DIFFERENCE MAKER. VOTE FOR AND SUPPORT STEVE DARDEN FOR CONGRESS.
 For more information on Steve, visit SteveDarden.com

Paid for by Steve Darden For Congress, Bill Argabrite, Treasurer.

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Located within minutes of historic downtown Jonesborough and Johnson City, this 2 bedroom, 1 bath brick ranch has been updated with modern finishes. Great room with wood-burning masonry fireplace and built-in bookcases, laundry room and sun-room (no heat or air). Kitchen boasts living stone solid surface counter-tops, stainless appliances, transformed cabinets, Kohler cast-iron sink and smooth-top stove. Lovely bathroom with quartz counter-tops and double sinks. There is also a 1 car detached garage. New roof, windows, vinyl flooring, water heater and fresh paint throughout. Heat pump is 2 +/- years old. Situated on a corner lot surrounded by mature trees. This home is 2 blocks from Jonesborough Senior Center and is within walking distance to downtown Jonesborough.

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JCS foodservice, transit continue essential services through pandemic

Johnson City Transit driver Cheryl Killman has been driving school buses for eight years, but it didn't take her nearly that long to realize how important services like transportation and nutrition are to Johnson City Schools students.

An encounter with a passenger, barely old enough for first grade, cemented the purpose in her mind. The young student came shuffling onto her bus one early morning with his head down. The young boy, who rarely spoke, had a question for his bus driver that day. "Mrs. Killman, is it okay to eat molded bread?"

"Every day since, I've made sure that I have a little extra breakfast on my bus," Killman said. That memory is a constant reminder for Killman and other foodservice and transit employees of how important it is to provide meals to the children in Johnson City.

"This program is very important," Killman said. "I know a lot of the parents we talk to are very appreciative and I am very happy to just be a small part of it."

Killman is just one of the many dedicated Johnson City Transit and Johnson City Schools Foodservice workers who has worked since the closure on March 16 to ensure

that any child, 18 and under, receives a free meal.

"I am so grateful for the selfless work that our foodservice staff and Johnson City Transit workers have provided to our community," Johnson City Schools Director of Food Service Karen McGahey said. "Their sense of duty, care, concern, and love for our students has been evident by the way they undertook this responsibility. From preparing the meals to packing and physically moving the food, they jumped in and worked tirelessly to be sure that children were fed every day—rain or shine."

The dedicated foodservice staff, along with nearly two dozen members from Johnson City Transit, have provided 162,982 emergency meals from March 24 until May 22. Since then another 28,224 meals have been provided to students and it is estimated that another 57,000 will be served by July 17 when the feeding program will cease. That means that before it is all over, Johnson City Food Service staff will have distributed just under 250,000 meals for children in our community.

Liberty Bell teacher Mona Gordon volunteered on one of the buses and she said the route around town was very impactful.

"It left joy in my heart to see the ladies on that bus

interact with students, parents, and grandparents in our community," Gordon said. "They greeted all with genuine smiles. They walked a couple of bags to the elderly grandparents so they would not have to climb down steps. They made sure to ask each student if they needed a work packet so they could direct them back to my car. They reminded students and parents that they would be back the following day with more food."

Anyone 18 and under is eligible to receive free meals until the program ends on July 17. There are currently eight schools open for drive-thru service Monday through Friday from 10:45 a.m. to 11:30 a.m. Those schools include Cherokee, Fairmont, Lake Ridge, North Side, Science Hill and Woodland. There are also 50 mobile sites that are visited daily to pass out breakfast and lunch.

For more information and to view the Summer feeding program, please visit www.jcschools.org.



Children receive meals during Johnson City's summer feeding program, which is made possible by the hard work of the Johnson City Food Service staff and Johnson City Transit employees. PHOTO BY COLLIN BROOKS

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Federal Pandemic Unemployment Program ending

In accordance to guidelines within the federal government's CARES Act, Tennessee will discontinue paying Federal Pandemic Unemployment Compensation (FPUC) the week ending July 25, 2020.

FPUC provided \$600 per week in federal assistance, in addition to benefits from other unemployment insurance programs, including Tennessee Unemployment Compensation and Pandemic Unemployment Assistance (PUA).

The CARES Act requires states to provide FPUC through July 31. Tennessee, like many other states, ends its benefit week on Saturdays. July 25 is the last Saturday of the month. Federal law does not allow the state to pay this particular

benefit through Saturday, Aug. 1.

Eligible claimants still unemployed as of July 26 will receive benefits that do not include the additional \$600 FPUC payment starting Monday, Aug. 2. If an eligible claim is in pending status, and the claimant has completed all weekly certifications prior to July 25, they will retroactively receive their benefits, including the FPUC payments, on the date the claim processes.

The additional unemployment programs outlined in the CARES Act; PUA and Pandemic Emergency Unemployment Compensation, will continue through Dec. 26, 2020, the last Saturday of that month.

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There is a reason Americans value their independence. We were founded on that notion and hold it dear. We feel the same is true for independently owned businesses. Morris-Baker and Birchette Funeral Homes happen to be the last two independently, locally-owned funeral homes left in Johnson City. We're under no pressure to satisfy shareholders, corporate management, or anyone beyond our local families.

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Preston McKee, third-generation owner, has lived and worked in Johnson City his entire life. His wife Shuly has called Johnson City home for 12 years.



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Opinion

When you smell odorless gas, it is probably carbon monoxide

In the ninth grade I always enjoyed science class. I think they called it General Science in those days and included about everything in the universe considered scientific. We were mostly interested in the birds and the bees but that, somehow, was left out of the book.

Our science teacher at North Junior High arranged a class trip to the Oak Ridge laboratories. We boarded a couple of old buses for the trip down and went through the museum however we were still mostly interested in the birds and bees, not isotopes or atom splitting.

I found a list of answers that reminded me of some of our science tests. I now feel our science teacher's pain.

Q: Name the four seasons.

A: Salt, pepper, mustard and vinegar.

Q: Explain one of the processes by which water can be made safe to drink.

A: Flirtation makes water safe to drink because it removes large pollutants like grit, sand, and dead sheep.

Q: What are steroids?

A: Things for keeping carpets still on the stairs.



**Compiled
by Bill
Derby**
Publisher

editor@jcnewsandneighbor.com

Q: What happens to your body as you age?

A: When you get old, so do your bowels and you get intercontinental.

Q: Name a major disease associated with cigarettes.

A: Premature death.

Q: How are the main parts of the body categorized?

A: The body is consisted into three parts - the brainium, the borax and the abdominal cavity. The brainium contains the brain; the borax contains the heart and lungs, and the abdominal cavity contains the five bowels, A, E, I, O, and U.

Q: What is the fibula?

A: A small lie.

Q: What does "varicose" mean?

A: Nearby.

Q: Give the meaning of the term "Caesarean Section".

A: The Caesarean Section is a district in Rome.

Q: What does the word "benign" mean?

A: Benign is what you will be after you be eight.

Q: How is dew formed?

A: Dew is formed on leaves when the sun shines down on them and makes them perspire.

Q: What causes the tides in the oceans?

A: The tides are a fight between the Earth and the Moon. All water tends to flow towards the moon, because there is no water on the moon, and nature hates a vacuum. I forget where the sun joins in this fight.

Q: How can you delay milk turning sour?

A: Keep it in the cow.

- A monsoon is a French gentleman.
- Blood flows down one leg and up the other.
- For a nosebleed, put the nose much lower than the body until the heart stops.
- For asphyxiation, apply artificial respiration until the patient is dead.
- For fainting, rub the person's chest, or if a lady, rub her arm above the hand instead.
- Genetics explains why you look like your father, and if you don't, why you should.
- Germinate: To become a naturalized German.
- H₂O is hot water and CO₂ is cold water.
- Liter: A nest of young puppies.
- Momentum is something you give a person when they go away.

Washington County receives financial reporting award

The Government Finance Officers Association (GFOA) recently awarded its Certificate of Achievement for Excellence in Financial Reporting to Washington County for its Comprehensive Annual Financial Report (CAFR) for the fiscal year ended June 30, 2019.

"The award of the GFOA Certificate of Achievement for Excellence in Financial Reporting for the 2019 fiscal year would not be possible without the dedication and efforts of the Accounts and Budget team as they processed, managed and reported on the county's fiscal 2019 finances," explained Mitch Meredith, Director of Finance and Administration.

"This is the fifth year Washington County has received this tremendous honor and it is the result of continuing efforts to bring the best business practices to government. Of the 95 counties in Tennessee, only eight received the award in 2018. Considering that four of those are major metropolitan counties with large staffs, I am very, very proud of our small team's accomplishment."

The Certificate of Achievement is the highest form of recognition in the area of governmental accounting and financial reporting. Its attainment represents a significant accomplishment by a government and its management.

The program was established in 1945 to encourage and assist state and local governments to go beyond the minimum requirements of generally accepted accounting principles to prepare comprehensive annual financial reports that evidence the spirit of transparency and full disclosure and then to recognize individual governments that succeed in achieving that goal.

Reports submitted to the CAFR program are reviewed by selected members of the GFOA professional staff and the GFOA Special Review Committee (SRC), which comprises individuals with expertise in public sector financial reporting and includes financial statement preparers, independent auditors, academics, and other finance professionals.

The county's CAFR was judged by an impartial panel and deemed to meet the high standards of the program, which includes demonstrating a constructive "spirit of full disclosure" to clearly communicate its financial story.

GFOA is a professional association servicing the needs of more than 20,000 appointed and elected local, state and provincial-level government officials and other finance practitioners.

The report is available for public review on the County's website: www.washingtoncountyttn.org.



**Ask
the
Vet**
Stacey Elwartowski, DVM

Going back to work after COVID-19

Many of our pets have enjoyed having a constant companion during COVID-19. While cats may enjoy the peace and quiet when their family members go back to work or school, some dogs may experience separation anxiety. Abrupt changes may trigger or worsen their symptoms. For our canine friends, signs to look for include destructive behavior, barking and house soiling. A way to help ease your pets back into a normal routine is to start transitioning them now. Walk your dog and feed them at the same times you will when back at work. Try not to feed them, take them on a walk, or play with them during hours you will normally be at work. If they are kept in a crate or behind a gate while you are away, have them take their naps there again, to get used to not being by your side all day. Take them on a long walk or jog before going to work. This will help ensure they don't have too much pent up energy. While our feline friends may enjoy having a little more quiet, it's important to remember to clean out the litter box just as frequently as you have been. The first week you return to work may be the most difficult; but as your new routine becomes old habit again, you will both feel more comfortable with the changes.





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Five reasons why kids need to see their pediatricians ... even during a pandemic

On March 13, a national emergency was declared due to the COVID-19 pandemic.

In the wake of that announcement, social distancing measures were crafted, schools and businesses were closed and daily life grew more isolated almost overnight. Many parents starting working from home alongside their children, who finished out the school year completing assignments and meeting virtually with classmates and teachers. As families strived to limit potential exposure to the novel coronavirus, all non-essential activities fell by the wayside. Unfortunately, the shelter-in-place orders left many folks feeling wary about seeking non-emergency medical care.

Pediatricians are, by and large, in the business of preventative care. They focus on spotting potential issues early and finding interventions that can head trouble off at the pass, but in order to do that, well-child appointments are crucial.

Unfortunately, data shows that parents have been reluctant to make and keep well-child appointments this spring. According to data from the CDC, healthcare providers ordered 2.5 million fewer non-flu vaccines between the middle of March and the middle of April compared to the same period in 2019. That signals a drastic decline in well-child visits, which could potentially open the door for serious medical repercussions.

So if you are on the fence about bringing your child in for his or her well-child appointment this summer, here are some reasons why you should.

Your child's doctor's office has never been safer.

The State of Franklin Healthcare Associates group sprung into action to develop practices to reduce the risk of healthy patients being exposed to an illness during a doctor's visit.

Dr. Thomas Gill of First Choice Pediatrics said employees go through temperature checks each day and are urged to stay home if they are feeling sick. Also, patients wait in their cars, go straight to an exam room and leave without having to go through a check-out process to decrease the chance of exposure.

The SoFHA pediatric groups are not utilizing their waiting rooms and are only seeing well patients in the office during the day, Gill said. "Anybody that is contagious, we first do a telemedicine visit with them, and if we can't solve the problem via telemedicine, then we



Dr. Thomas Gill



Dr. Rachel Hecht



Dr. Christopher Ledes



Dr. Brittney Terry

have them come to the office in the evening after all the well patients have left."

Staying on schedule is crucial.

Of all the concerns pediatricians have about their patients missing well-child appointments, falling behind on their vaccinations is at the top of the list. "I think most pediatricians agree we would hate to see an outbreak of measles or chicken pox or something that is preventable because of people not coming in for well-child visits," said Dr. Rachel Hecht, who sees patients at Riverside Pediatrics in Elizabethton.

Dr. Brittney Terry of Pediatrics of Kingsport said the risk of a bad outcome for children who contract COVID-19 is relatively low, but the outcomes for children who contract pertussis or meningitis due to missed vaccinations could be catastrophic.

"Vaccines are one of the most important things in medicine as far as return on investment," Terry said. "That can quickly change if we lose herd immunity."

For some kids, time is of the essence.

For children from birth to 3 years old, there are several major milestones that pediatricians observe. But if a child has a developmental delay, quick action is required in order to help the child get caught up. Most often, these delays are spotted during well-child visits, and early intervention can be crucial.

"We really have to be able to see them," Dr. Terry said. "If we can go ahead and get those interventions in place, they can make so much progress. Six months or a year can make a big difference."

But delays aren't exclusive to young children. "We see delays in puberty and issues in growth and development late into the teenage years that would

not be picked up unless the patient physically came into the office," Dr. Hecht said.

Social isolation has taken a toll on children.

During this time of social distancing, many children have developed feelings of anxiety or depression as a result of being separated from their friends. Dr. Terry admitted to being taken aback by the affect school closures had on children of all ages. Dr. Christopher Ledes of Johnson City Pediatrics said well-child appointments are an ideal time for a doctor to get a handle how patients are dealing with the changes and assess what steps can be taken to improve a child's overall health.

"The fact that these adverse conditions for learning and social growth exist is all the more reason to make sure we have our finger on the pulse of their overall health and how they're doing," Ledes said.

There's no time like the present.

With cold and flu season behind us, there are plenty of appointment times available to schedule well-child visits. Also, most families have more flexibility to schedule appointments during the summer months, and being up-to-date on vaccinations is a must for children looking to attend school in the fall.

"We're seeing little to no sick visits in the office right now, so it's prime time to schedule those well-child checkups," Dr. Ledes said.

United Way announces merger of Washington, Carter organizations

United Way of Washington County and United Way of Carter County recently announced that they have merged the two organizations to create the United Way of East TN Highlands. This merger will allow United Way to serve over 200,000 residents in Carter, Johnson, Washington, and Southern Sullivan Counties.

"This decision enables United Way to raise additional resources and help more people across Washington, Carter, Johnson and Southern Sullivan counties," said Kristan Spear, who is currently President & CEO of United Way of Washington County and will remain President & CEO of the merged United Way. "The change also allows United Way to maximize our customer service and increase our operational efficiency, ultimately resulting in additional dollars available for funding programs

that improve lives and strengthen our region."

Spear said the decision to merge was driven by both counties and follows more than a year of discussions between the boards of directors from both United Ways.

"The new United Way of East TN Highlands offers a richer donor experience for all of our corporate partners, especially those with offices in both counties," Spear said.

"Previously, partners such as Ballad Health, Bank of Tennessee, Citizens Bank and many other companies interacted separately with both United Ways. By becoming one, we now offer a seamless experience for those donors."

With the new name comes a new model. The United Way of East TN Highlands will open funding to all nonprofits operating within the covered counties. However, the United Way will have the same goal, to breaking the cycle of poverty by UNITING people and resources to strengthen the health, education and financial stability of every person in our community. Applicants must have a program related to health, education, or financial stability to be eligible for funding.

Andrew McKeenan, board chair of the former United Way of Carter County and President of Carter County Bank & Mountain Community Bank, said "The new



Kristan Spear



Crystal Carter

partnership will be good for the community. Bank of Tennessee with a regional footprint, is a major supporter of United Way. This combined entity will bring new energy that will be beneficial to the entire region."

Suzanne McCormick, U.S. President, United Way Worldwide, said the merger aligns with the network's direction.

"The natural progression of our work should have us all asking what can we do better together, to be even more effective and put more resources into our communities," said McCormick. "The decision by United Way of Washington County and United Way of Carter County to merge their operations will allow more powerful responses to pressing community issues in this multi-county area."

Spear emphasized that money raised in each community will stay in each community. "We are looking forward to implementing agency-wide best practices in programs, fundraising, and administration with a new focus on providing community impact across geographic borders."

Crystal Carter, executive director of the former United Way of Carter County, will oversee the larger organization's programs and volunteer efforts, as the Director of Community Impact.

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Mary Duke Cooks! Sassy Southern

This time of year, with camping, picnics, and barbeques to attend it is a good idea to have a "go to" pasta salad recipe in your recipe box. I like this recipe because it makes a large quantity and is cold. Perfect for a hot summer day. The recipe can be adjusted to meet your family's personal preferences. An added bonus is you don't have to have a lot of spices on hand since you use McCormick's Salad Supreme.

You can use any raw vegetables your family likes



Mary Duke McCart
Food Editor

Online at marydukecooks.com

and add meat, cheese, or pickled peppers. You can use shaped noodles or spaghetti. Any brand of Italian dressing you have in your refrigerator will work. The only ingredient that you can't change is the McCormick's Salad Supreme Seasoning. This recipe is from Charlotte Young.

Supreme Pasta Salad

- 1 pound dry rotini
- 4 tablespoons McCormick's Salad Supreme Seasoning
- 1 cup Italian Dressing
- 1/2 green pepper, chopped
- 1/2 red pepper chopped
- 1/2 cup sliced carrots
- 1/2 cup sliced black olives
- 1/2 cup broccoli florets
- 1/2 cup crumbled feta cheese
- 1/4 cup sliced pepperoncini peppers
- Sliced green onions, optional

Mix all ingredients together. Refrigerate



overnight for dressing to soak in, and McCormick's seasoning to flavor pasta. Serve cold. Makes 11 cups.

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Carnation 18 Gauge Steel	\$9,313	\$7,534	\$1,779
Parsons 18 Gauge Steel	\$10,386	\$8,519	\$1,867
Last Supper 18 Gauge Steel	\$11,043	\$9,067	\$1,976
Praying Hands Stainless Steel	\$12,329	\$9,176	\$3,153
Princeton Copper	\$16,627	\$10,709	\$5,918
Providence Cherry	\$14,218	\$10,271	\$3,947
Southern Pecan and Veneer	\$11,234	\$9,176	\$2,058
Dakota Poplar	\$10,468	\$8,410	\$2,058

Morris-Baker prices for services include the following charges taken from their General Price List dated February 12, 2020: Basic Services of Funeral Directors and Staff Overhead-\$2,975, Embalming-\$595, Other Care of the Body-Cosmetology-Dressing and/or Casketing-\$295, Use of Facilities and/or Staff for Visitation-\$295, Use of Facilities And/Or Staff For Funeral Ceremony-\$425, Use of Equipment and Staff For Committal Service-\$295, Transfer of Remains to Funeral Home-\$350, Transfer of Remains to Final Disposition-\$350, Family Car-\$75, Utility Vehicle-\$55 Total Charges-\$5,710

Morris-Baker prices for caskets include the following charges taken from their Casket Price List dated February 12, 2020: Winston 20 Gauge Steel-\$1,675, Dean 20 Gauge Steel-\$2,695, Carnation 18 Gauge Steel-\$3,095, Parsons 18 Gauge Steel-\$4,075, Last Supper 18 Gauge Steel-\$4,675, Praying Hands Stainless Steel-\$5,850, Princeton Copper-\$9,775, Providence Cherry-\$7,575, Southern Pecan-\$4,850, Dakota Poplar-\$4,150

Stationery charge of \$195 as quoted by Morris Baker staff member and on the funeral home website.

Tetrick prices for services include the following charges taken from their General Price List dated April 17, 2020: Basic Services of Funeral Directors and Staff Overhead-\$2,715, Embalming-\$495, Other Care of the Body-Cosmetology-Dressing and/or Casketing-\$150, Use of Facilities and/or Staff for Visitation-\$300, Facilities, Equipment and Staff for Ceremony-\$400, Use of Equipment and Staff for Committal Service, \$300, Transfer of Remains to Funeral Home-\$425, Transfer of Remains to Final Disposition-\$295, Family Car-No Charge, Utility Vehicle-\$165 Total Charges \$5,245

Tetrick prices for caskets include the following charges taken from their Casket Price List dated April 17, 2020: Winston 20 Gauge Steel-\$990, Dean 20 Gauge Steel-\$1,890, Carnation 18 Gauge Steel-\$2,090, Last Supper-18 Gauge Steel-\$3,490, Praying Hands-Stainless Steel-\$3,590, Princeton Copper-\$4,590, Providence Cherry-\$4,590, Southern Pecan and Veneer-\$3,590, Dakota Poplar-\$2,890

All casket sales include complimentary Stationery/Memory Package.

Sales Tax is calculated on taxable items at the rate of 9.5%. All prices are rounded to the nearest dollar.



Tetrick Funeral Services

3001 Peoples Street • Johnson City, 37604
(423) 610-7171
www.tetrickfuneralhome.com

Candidates from page 1

Crowe: The background knowledge and experience gained through my tenure in the executive branch of Tennessee government as a commissioner in the Tennessee Department of Corrections and in the Tennessee senate, as chair, for many years, of the Joint Select committee on Veterans Affairs and as Chair of the Tennessee senate Health and Welfare Committee should provide me that institutional background, experience and knowledge to well prepare me to take the ball from Congressman Roe and successfully run with it.



John Clark

Darden: I learned to work and serve others early in life, around age 8, washing dishes at our restaurant. I'm the only Republican candidate who combines small business ownership with prior local government service. With accounting and law degrees from UT, I can understand complex topics and budgets and communicate effectively. I have the skill set to argue a position and persuade others or, as a mediator, seek the win-win outcomes so desperately needed in a dysfunctional Congress. As Mayor and City Commissioner, I balanced ten budgets, strongly supported public education, and made decisions that helped Johnson City's downtown thrive, including the Tweetsie Trail and Founders Park, while recruiting industry to Johnson City and the Washington County Industrial Park. I've visited elected officials, business leaders and citizens in all 12 counties. Each county needs a Congressman like me who will be accessible, listen and work tirelessly to meet their needs.

Hawk: My 20 years of small business experience and 18 years of state legislative experience have ably prepared me to hit the ground running on day one of being elected as our 1st District Congressman. I understand how committees work. I understand how leadership in Congress works. I know how to pass good legislation and know how to stop potentially bad legislation, to best serve our region.

Hill: As a state representative I have been a conservative champion in Nashville. I have been a fighter for the rights of the unborn and I'm proud to say I helped pass the Heartbeat Bill earlier this year. I've also been a tireless advocate for the 2nd Amendment and for tax relief for Tennesseans. And finally I've been such a strong supporter of President Trump that I was personally invited to the White House for the USMCA signing.

3. If elected, what will be your top priorities?

Clark: I view priorities in two "buckets" – here in the First District and up in Washington DC. The priorities here in the District are to help create jobs and improve our rural healthcare. The local Congressional office can play a role in both. One of my commitments is to hire an economic development expert on my district office staff who can work with the local communities in our region on job growth. In Washington, my priority will be to fight to preserve our freedom. The leftist socialists in the Democrat Party are trying to destroy everything we believe in here in East Tennessee and we need a voice to challenge them.

Crowe: To concentrate on equal representation of the entire 1st Congressional District from Johnson County to Sevier County, first and foremost, and to continue to support the greatest values of our nation that are reflected in "all" the citizens of the 1st District while working to continue the great work begun by congressman Roe for our veterans, our economy, our infrastructure, our agriculture, our parks and our tourism sectors.

Darden: The job is to provide constituent service throughout the District. The organizational structure must be effective and staff members must be hard-working and responsive. A Congressman should be the eyes and ears of the federal government so that Washington is not the problem but is a force for good. I'll intervene to protect citizens and businesses from overreach by the government or unsympathetic bureaucrats. Example: family farmers who are smothered by excessive federal regulations or overzealous federal agents need relief so they can thrive rather than merely survive. Industry sometimes faces the same burden. My staff and I will continue Congressman Roe's focus on veterans. Given my central role in economic development issues for the past 20 years, and my practice as advisor to businesses, I am the strongest candidate by far to assist with job creation and in being the Ambassador we need as the face of our District.

Hawk: We must work toward balancing our Federal budget. \$25 trillion in Federal debt has created an enormous national security risk. We must improve our federal system of care for mental health and substance abuse treatment. For far too long, families have suffered in silence and we need to help them. Our country's infrastructure is aging. We must make greater investments in repairing our roads and bridges, and water and sewer systems in order to keep our communities strong. All these investments need to be made within the confines of reasonable, balanced Federal budgets.

Hill: My top priorities would be fighting for our region's conservative values including upholding the right to life and our second amendment rights, supporting President Trump's efforts to continue to grow our economy, and representing my constituents' needs from the federal bureaucracy.

4. What issues of particular impact on Tennessee's 1st District do you believe a freshman congressman will have the best chance to significantly address?

Clark: My first priority is going to be jobs and my votes in Washington will reflect that. I will vote at every opportunity for pro-growth, pro-jobs legislation. I will use my platform here in the district to bring together our economic development experts, job creators, educators, etc., to identify opportunities to bring new businesses



Rusty Crowe



Steve Darden



David Hawk



Timothy Hill

and jobs to our area.

Crowe: Rebooting the economy has to be on the front burner. I am the current recipient of the National Federation of Independent Business "Guardian of Small Business award" for having demonstrated a commitment to our economy and for promoting a stable and predictable environment for our Tennessee small businesses. Small business is the backbone of our economy. The UT Boyd report has made clear that the metropolitan areas of our state will see the major growth in our state with the other urban and rural areas seeing much slower growth. I want to see our East Tennessee cities and counties work together like we did in developing our Tri-Cities Aerospace Park project. I have worked for many years with federal and state economic development partners to generate economic development for our region and have the background, knowledge and institutional experience to be very successful for the 1st congressional district.

Darden: A major component of the job is to provide constituent service. A freshman who understands the job as I do can hit the ground running. I'll intervene to protect citizens / businesses from overreach by the government. Example: family farmers who are smothered by excessive federal regulations or overzealous federal agents need relief so they can thrive rather than survive. Industry sometimes faces the same burden. We will continue Congressman Roe's focus on veterans. It is crucial that we receive our fair share of federal grants and programs. The Appalachian Regional Commission was established to assist our local communities and I will maximize its impact in our District, working with our local Development Districts. I have been involved in economic development and job creation for decades. Ronald Reagan said the best social program is a good job and I will work to bring more and better jobs to our area.

Hawk: The experience of being a freshman Congressman, although carrying with it a great honor, will be just like another day at the office for me. My decade of work on Tennessee's \$40+ billion budget has given me keen insight into how we should properly balance our Federal budget, as well. There will just be a couple more zeros on the end of the next budget I work on.

Hill: I believe my voice as a conservative champion for President Trump's agenda will advance his mission to rebuild the strongest economy in American history and to protect our constitutional rights.

5. Would you support selling off the TVA?

Clark: No.

Crowe: No. The Tennessee Valley Authority has been the backbone of raising the entire region it serves with economical electrical power. This must be kept in the public control to continue to have the ongoing impact beyond the power grid developing the regional economy. I look forward to strong leadership from that board at the TVA with capable leadership like our own Dr. Brian Noland, ETSU President, can provide as a member.

Darden: Selling off TVA is a bad idea for the Tennessee Valley and especially East Tennessee at the

present time. TVA has been vital to the Tennessee valley over several decades, beginning in the Great Depression when floods ravaged the Tennessee valley. Benefits and services include reliability and affordability of electrical power, economic development, management of waterways and many, many more services that extend beyond providing electrical power.

Hawk: No.

Hill: I would not take such an irreversible, significant step without serious study of the issue.

6. What are the best ways to pay down the ballooning deficit? Would you be in favor of removing the maximum taxable earnings level or making other changes to Social Security, instituting across the board federal spending cuts – including entitlements and defense, raising taxes – or making other politically unpopular decisions?

Clark: We absolutely must balance the budget. I think that by balancing the budget once – and proving it can be done – that will help set the tone to do it every year. Members of Congress will need to make tough decisions, and everyone will have to give a little in order to come to a balanced budget agreement. I do not support cutting Social Security or veterans benefits in order to balance the budget. These are promises made to our seniors and our military members and we can't turn our backs on those promises.

Crowe: As a Tennessee State Senator, I have been a part of the efforts in this state to control our fiscal solvency. We are No. 1 in fiscal management and reducing debt and the burden on future generations is vital. We are the envy of the nation. We have responsibilities to the people we must uphold and Social Security is one of those. Across the board adjustments to cut taxes and tighten government spending must be accomplished in a methodical manner and with sensible change. I will also support a balanced budget amendment.

Darden: The best way to reduce our national debt, which has accumulated over many years now, and our annual deficit, which adds to the national debt annually is to have a robust economy with as many taxpayers as possible. Rather than wait for a crisis, we must reduce entitlements and consider out-of-the-box thinking to shrink the size and costs of the federal government. For example, the Department of Education became a cabinet level agency during the Carter Administration in 1979. Its unfunded mandates tend to be a burden on local education when we would be better off if education were addressed by state and local officials. President Trump was correct in insisting that our NATO partners pay their fair share. All spending, including defense spending, must always be carefully evaluated to make sure that it is not excessive. Our national debt is a threat to our future prosperity.

Hawk: We must simply stop spending more taxpayer dollars than we receive. When I get to Washington, I will be in favor of working with Congressional leadership to open discussions on every entitlement program, in order to weigh the pros and cons of each. If a program no longer

CONTINUED ON NEXT PAGE

Real Roots

"Becky Jo" Keefauver Alexander comes from six generations of Washington County farmers and learned hard work growing up on the family dairy farm.

Real Career

- Milligan College, B.A.
- East Tennessee State University, M.Ed.
- Public High School Teacher
- National Sales Manager, Magnavox
 - Set Record National Sales,
 - Managed 120 Stores
- Nationally Known Professional Storyteller
- Small Business Owner, Dillow-Taylor Funeral Home

Rebecca has been married for 30 years to Howie Alexander and they are the parents of two daughters. They are involved members of Boones Creek Christian Church.

DISTRICT 7

KEEFAUVER
STATE
Rebecca
HOUSE
ALEXANDER

Conservative Republican

Real Life Experience

EARLY VOTING
BEGINS JULY 17

Outside Politics

Paid for by CITIZENS FOR REAL LEADERSHIP, Tom Krieger, Treasurer 423-956-7868

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CANDIDATES, CONTINUED

makes sense or has a negative effect, it should be cut. This is where I will begin to address our \$25 trillion deficit.

Hill: I will oppose any cuts to Social Security, my pledge to our seniors is a promise made is a promise kept. I would propose auditing federal spending to cut waste, fraud, and abuse in the bureaucracy.

7. Would you support regional economic development by proposing changes at the Office of Management and Budget that would allow the Johnson City and Kingsport-Bristol MSAs to reunite?

Clark: I am strongly in favor of regional economic development efforts, especially for a region that is so integrated like the Tri-Cities area. This is why I made the commitment to add an economic development staff member to my Congressional district office staff, so that I can help facilitate these kinds of regional economic development efforts. I would support joining the MSA regions to allow greater federal funding to our area.

Crowe: The merged MSA's makes good sense and yes I would support this effort. As a market among the largest, we get more attention for site selection in retail and are seen as a place of desirable size with amenities for businesses to grow. Our regional strength is diminished in its current OMB view.

Darden: The Johnson City and Kingsport-Bristol MSAs were unified until a few years ago. It would enhance regional economic development and regional cooperation for the entire Tri-Cities region to be under the same MSA. If our local economic development professionals and government partners agree that a single MSA is in the best interest of the business community and citizens of our area, then I will be a strong advocate for such a measure with the Office of Management and Budget.

Hawk: Regional economic development needs to include the whole region. I would like to see partnerships created within and among all 12 Tennessee Counties in the 1st District. We need to look more closely at potential synergies that could be accomplished in the field of education, as well as economic and retail development.

Hill: Yes I will support this effort and continue Congressman Roe's campaign to make this change.

8. Should big tech companies be broken up? If so, how do you square that with the need for less government regulation of private business?

Clark: I am not in favor of government breaking up private companies or additional government regulation of private companies. I do believe that there should be consequences for tech companies when their platforms are misused or abused.

Crowe: Big tech companies must play by the rules that are set for business. Competition in this space is

better than monopolies. Add in the privacy issues and communications standards, the big tech companies have brought a new dimension to society. Thoughtful management of the issues on all parts is necessary.

Darden: I'm reluctant to support the break-up of big tech companies unless their practices are so predatory and anti-competitive that anti-trust laws are violated or others cannot enter the market. There is precedent, however, for single businesses to have become so dominant that they were broken up. (See Teddy Roosevelt) Great care must be taken when dealing with tech companies that First Amendment rights are not violated. The First Amendment was placed first by the Founders because of its paramount importance. They were fierce advocates of freedom of speech, freedom of religion, and freedom of expression / conscience, and I will be too. Big tech plays a huge role in American life and must act responsibly. But these are private sector businesses, and regulation aimed at holding big tech accountable must preserve First Amendment liberties.

Hawk: No.

Hill: I believe federal interference in private industry is rarely warranted and I have not seen sufficient reason to interfere in this industry.

9. One of Congressman Roe's top priorities has been finding ways to improve conditions for veterans while working on the House Committee on Veterans Affairs. Given the fact that Tennessee's First District is home to a large veteran population, how do you plan to carry on his work?

Clark: I commend Congressman Roe for his work on veterans' issues and I am absolutely committed to doing everything I can to continue serving the veterans who live in our area. One way to make sure veterans are being supported is by making sure they are represented on my Congressional staff. I would also commit to regular meetings and roundtables with veterans groups in our district to make sure I am aware of any needs they have.

Crowe: As a decorated army veteran of the Vietnam War; a longstanding current member of the governor's council for Armed Forces, veterans and their families and as Chair of our Tennessee joint select committee on veterans affairs, for many years, I should be well suited to carry on the work of Congressman Roe should I be elected to represent the 1st Congressional District.

Darden: Differences in this race include my service alongside Congressman Roe on the Johnson City City Commission, and the fact that my brother Bill Darden is his District Director. I have seen up close and personal how hard they work and how committed they are to our veteran population and other constituencies. I will continue Congressman Roe's approach. I have been to many of the meetings that Congressman Roe has conducted in the District, as well as meetings of the Tri-Cities Military Affairs Council and other

veteran advocate groups. I am very familiar with the Mountain Home Veterans Administration Hospital and its importance to our Congressional District cannot be overstated. My wife Anne and I come from military families and I am proud to have voted as a Johnson City City Commissioner to donate the land on which the Washington County Veterans Memorial is located.

Hawk: Congressman Roe's legacy of serving our Veterans must be continued, and I look forward to expanding on his good works. I will tirelessly support our local Veterans and our Veterans Administration Hospital, to ensure that our men and women of the military receive the medical and mental health benefits that they deserve. I will be available to our Veterans every day of the week, night or day to provide needed assistance.

Hill: I will continue the work I have done as a state representative in advocating for our veterans.

10. Should the federal government mandate that more critical medical products and supplies be produced domestically, even if it means interfering in the free market and paying more?

Clark: The pandemic has shown us that we cannot rely on China for critical medical and national security supplies. Those supply chains must be brought home. I was the first candidate to call for this and I have pledged to support Senator Cotton and Rep. Gallagher's legislation that would bring these critical supply chains back to America.

Crowe: Protecting our citizens is one of the most honored responsibilities of government. Access to medical products made here is vital, as we have seen most recently. The markets will adjust as we have seen. But healthcare is a national security issue now more than ever before and self-sufficiency rises to the top of the concerns for that protection.

Darden: The COVID-19 crisis has demonstrated that there are certain products and supplies that must be produced domestically and yes, such production must be restored to the U.S.A. I reject the notion that doing so would "interfere" in free markets or result in higher costs, especially if competition is present among domestic manufacturers, producers and suppliers. But, if the costs go up to insure that supplies are not interrupted and proper care is provided, then it is a cost worth absorbing.

Hawk: Forced or mandated production on business by the Federal government is not advisable. I do support open conversations between the public and private sectors, to encourage partnerships that make sense to both business and government. Hopefully, these conversations would create an opportunity to develop reasonably priced domestic products, if and as needed.

Hill: Medical supplies are an essential part of our national security and I do not believe it's safe to rely on an untrustworthy actor like China when it comes to our security.

Food City helping Paralyzed Veterans of America raise funds

Paralyzed Veterans of America has kicked off its fundraising campaign with Food City and NASCAR Hall of Famer Richard Petty. Donations made at Food City supermarkets will go to PVA, who have helped improve the lives of disabled veterans for almost 75 years.

"This is the tenth year of our partnership with Food City and through the generous contributions of their customers, we've been able to help severely injured veterans and their families," said David Zurfluh, a disabled U.S. Air Force veteran and national president of Paralyzed Veterans of America. "Today, the need is more important than ever. With underlying health issues, paralyzed veterans, and

all people with serious disabilities, are at the greatest risk for deadly repercussions should they contract COVID-19. The dedication of partners like Food City and Richard Petty allow us to provide our members food, supplies, financial relief, and quality healthcare during this crisis. We thank Food City and their customers for their continued support of our deserving veterans, especially during these challenging times."

The fundraising campaign will run at Food City's supermarket chain stores through July 28, 2020. Customers can select \$1, \$3, and \$5 donation slips at Food City checkouts and their gift amount will be added to their order total.

"I am proud to be supporting Paralyzed

Veterans of America," Richard Petty said. "This is our tenth year supporting Paralyzed Veterans of America with support from Food City. It's very important to me that we continue to support and recognize our paralyzed veterans, especially during these frightening times when they need help from their communities the most. Food City is a very important partner, and we thank them for allowing us to continue to raise awareness for the needs of disabled veterans."

Many of PVA's members are high-risk and remain on the strictest quarantine due to COVID-19. All of the donations help Paralyzed Veterans of America provide timely support for these veterans and their families, and allow them to continue their

important work delivering other important programs and services FREE of charge to our heroes so that they can live full and productive lives after a spinal cord injury or disease, such as MS or ALS.

"Thanks to the generosity of our loyal customers, in the past ten years, we have raised more than \$1.25 million to benefit veterans with disabilities," said Steven C. Smith, Food City president and chief executive officer. "We're glad to have another opportunity to partner with Paralyzed Veterans of America and Richard Petty in support of this great organization and the deserving veterans they support."

Visit pva.org to learn more about Paralyzed Veterans of America.

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BUILDING HOMES

CEO, Hicks Construction Washington Co. Planning Commission
Tennessee Homebuilders, Governmental Affairs Committee

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FOOD CITY DEALS FOR DAYS!

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Buy 2 SAVE MORE



Made In-Store, Small
Fruit or Vegetable Trays
Each

2/\$12
With Card

When you buy 2 in the same transaction. Lesser quantities are ValuCard price each. Limit 1 transaction (2 total items). Discount applied as a coupon. Customer pays sales tax.



Previously Frozen
Pork Baby Back Ribs
Per Lb.

2.99
With Card



Mild
Swaggerty's Sausage Patties
30 Ct.

5.99
With Card

Buy 5 SAVE MORE



Selected Varieties
Pepsi Products
6 Pk., 16-16.9 Oz. Btls.

5/\$11
With Card

When you buy 5 in the same transaction. Lesser quantities are 3.99 each. Limit 1 transaction (5 total items). Discount applied as a coupon. Customer pays sales tax.



Sweet
Athena Cantaloupe
Each


1.88
With Card



Frozen, Selected Varieties
Pillsbury Grands! Biscuits
37.4-41.6 Oz.

2/\$5
With Card

LIMIT 4



Bistro Deli-Classics, American Cheese or
Oven Roasted Turkey Breast
Per Lb.

4.99
With Card



Selected Varieties, Big Pack
Little Debbie Snack Cakes
16.92-31.78 Oz.

2/\$5
With Card

LIMIT 4



Frozen, Selected Varieties
Crav'n Flavor Appetizers or Pizza Bites
7.6-11 Oz. or 40 Ct.

1.88
With Card

LIMIT 4 EACH



Selected Varieties
Food Club Shredded Cheese
32 Oz.

4.99
With Card

LIMIT 2



Country Roast
Folgers Coffee
25.1 Oz.

4.99
With Card

LIMIT 2



Granulated
Food Club Sugar
4 Lb.

1.88
With Card

LIMIT 4



Selected Varieties
Gwaltney Sliced Bacon
12 Oz.

2.99
With Card



Frozen, Selected Varieties
State Fair Corn Dogs
12-16 Ct.

4.99
With Card



Kern's Sandwich Bread
20 Oz.

88¢
With Card


LIMIT 2



Selected Varieties
Monster Energy Drink
16 Oz.

3/\$5
With Card

LIMIT 6



Selected Varieties, Bites, Crisps or
Kellogg's Pop-Tarts
12 Ct. or 5.9-7 Oz.

2/\$5
With Card

LIMIT 4



Heluva Good French Onion Dip (24 Oz.) or
Daisy Sour Cream
Selected Varieties, 24 Oz.

2/\$5
With Card

LIMIT 4 EACH



Selected Varieties
Kool-Aid Jammers
10 Ct.

3/\$5
With Card

LIMIT 6



Selected Varieties, Trail Mix or
Terry's Best Peanuts
9-10 Oz.

2/\$5
With Card

LIMIT 4 EACH



Selected Varieties
Chex Mix or Bugles
7.5-8.75 Oz.

4/\$5
With Card

LIMIT 4 EACH



Selected Varieties, Family Size
Malt O Meal Cereal
22-30 Oz. Bag

2/\$5
With Card

LIMIT 4



Selected Varieties
Sun Detergent
188 Oz.

3.99
With Card

LIMIT 2



For General Disinfecting
Food City Basic Bleach
Gallon

1.99
With Card

LIMIT 2

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• Johnson City • Jonesborough • Rogersville •

SALE DATES: FRI., JULY 10 -
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